DOG BROTHERS INC. MARTIAL ARTS FIGHTER'S FORM

Dog Brothers Open Gathering of the Pack" © September 24, 2017

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While we are proud of our safety record, due in great part to the respect shown by you the fighters to "the code" of "Be friends at the end of the day.", there are a few things to which we would like to draw your attention: Especially if this is your first time fighting and you haven't been here to watch before, to help you understand what you are getting yourself into, we suggest that you see our instructional series of videos first. We suggest that you come with someone who can drive you home in case you don't feel up to it, that your medical insurance be paid up, and that you be in good physical health and condition.

Some words about the fighters' code:

One of the values implied in the "No judges, no referees, no trophies" is one of neutrality in terms of styles and personalities-in other words, no bragging. To fight this way we must depend on the fighters themselves must pull shots that would put people in the hospital or reduce their IQ. In the maelstrom of a Real Contact Stickfight, this is an amazing thing. And this amazing thing will be harder to do if one thinks that to not put someone away might mean that later they would be barking.

In a similar vein, when going for a lock, avoid reckless efforts that will damage your opponent's joint. Be particularly aware of this with locks such as the one known as the "heel hook". This lock, and related ones too, grabs the foot in a way that allows the foot to apply twisting to the knee. This is a very dangerous lock because BY THE TIME PAIN IS FELT, DAMAGE IS ALREADY DONE. Those experienced in leg locks in general and these locks in particular should know that many people lack experience with these locks and lack understanding of the need to tap BEFORE pain. Our "Gatherings of the Pack" are not pit fights, the spirit is tribal and of not damaging other members of the tribe. By all means go for these locks, but if you have such a hold you should tell your opponent the stickfighting equivalent of a chess player saying "check!" In Shootfighting they say "catch!" meaning they have caught hold of the limb, will be applying the lock and you are on notice to yield or get hurt. Anything else of similar effect will do: "Yield!", or "I've got it!", or "You should tap!" Instant release upon submission is vital.

We anticipate each fight being 2 minutes (some are allowed to go longer) and encourage you to think of fighting several fights. TAKE INITIATIVE!!! Invite someone to have a go at it AND GET READY IN ADVANCE. Don't sit there like a girl waiting to be asked to dance!

You have our respect, as all other fighters should have yours. We wish you a day to remember. We wish you a day of Growth. "Higher Consciousness through Harder Contact" ©

MARC "CRAFTY DOG" DENNY President/Dog Brothers Inc. Martial Arts